

Nelda's Yoga Studio

TODAY'S DATE: _____

Nelda's Yoga Studio operated by Nelda Barba is doing everything we can to protect you the public as well as our workers and volunteers. To this extent, we will be following the Center of Disease Control (CDC) and local health department guidelines with regard to social distancing practices in order to reduce the spread of Novel Coronavirus, or COVID-19. This will require our staff and volunteers to maintain six (6) feet of distance between ourselves and you, the client, as much as possible. We will also be requiring this same procedure for client-to-client contact in order to limit the exposure to all individuals.

We will require all individuals (staff, volunteers, and clients) to utilize either surgical masks or improvised masks such as scarves, bandanas, and handkerchiefs to reduce the risk of exposure to yourself and others. It is also required of everyone to either wash or sanitize their hands after using the restroom, sneezing, coughing, and before eating meals. We require that everyone is scanned for temperature as they enter the building. We require you to remove your outside shoes, place them in a bag, and store them on a shoe rack until it is time to leave, at which time you can put them back on when you leave the building.

If we all work together, we can overcome the spread of this virus as well as other infectious diseases. We welcome you to our facility. By signing below, you agree to comply with the written instructions above. Failure to comply with these written instructions or verbal instructions from staff or volunteers may result in your removal from the premises.

Client's Printed Name

Client's Signature

Employee or Volunteer Printed Name

Employee or Volunteer Signature

Date